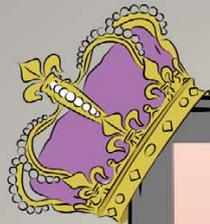


# Adult Rehabilitation Kits

FAMILIES - FAMOUS FAMILIES



hearLIFE

# Learn About the Adult Rehabilitation Kits

## Session Plan

Includes Level 1 and Level 2

## Famous Families

- What's Missing?
- Get It Together
- Interesting Facts

We would like these rehabilitation kits to help as many people as possible, so the Adult Rehabilitation Kits may be shared openly for fair usage. However, MED-EL retains full rights to the material, so the content may not be altered, rebranded, or repurposed for commercial use.

# Learn About The Session Plans



indicates *auditory training* goals



indicates *auditory and cognitive processing* goals



indicates *integrating hearing into lifestyle* goals

Note: This Adult Rehabilitation Kit is for a new listener or a listener developing confidence with their hearing technology. If you are unsure where to start, simply begin at Level 1. All recipients will benefit from all activities, even if they seem simple at first. This helps build listening endurance and confidence.

## How to choose a level

			
<b>Level 1</b>	<p>The recipient is learning to discriminate words of differing syllable number.</p> <p>The recipient is learning to understand words when they are at the end of a sentence and when they have differing acoustic characteristics.</p>	<p>The recipient needs support with activities which involve aspects of auditory and cognitive processing. Auditory memory tasks are challenging.</p>	<p>The recipient is working along their journey to life using a hearing implant and is developing confidence in communicating in their wider world.</p> <p>Support is needed to develop communication strategies.</p>
<b>Level 2</b>	<p>The recipient is learning to discriminate words of the same syllable number with differing acoustic characteristics.</p> <p>The recipient is learning to understand words when they are in multiple places in a sentence and when they have similar acoustic characteristics.</p>	<p>The recipient can complete some activities which involve auditory and cognitive processing.</p>	

# Tips

This material is suitable for recipients who have had their hearing device fitted or cochlear implant processor switched on for a period of two weeks or more.

Check the recipient's hearing at the beginning of every rehabilitation session using the Ling Six Sound Test.

- Find a strategy for giving the recipient instructions for each activity. You might need to write the instructions down or you can use the instructions on these pages and point to the words as you read them.
- Ensure that the recipient understands all the information that is provided throughout the session. For example, if you speak to another family member, ensure that the recipient can access what was said. It may be necessary to write it down. It is important for the recipient to be included and valued as a participant in all discussions throughout the session.
- It is often helpful to do a trial of each activity together to ensure the recipient knows what they are required to do. Building confidence in recipients is important. Remember that activities that are easy are still useful to build confidence and increase listening endurance. Do not rush to harder activities.
- When using paper or a hand to limit visual access, be sure a good auditory signal is received. Ensure the sound is not muffled by the screen.
- Remember that the activities can be tiring for the recipient. Ensure there are some breaks between activities when the recipient can relax (e.g., getting a drink of water, stretching) before beginning the next activity.
- For Hearing Lifestyle activities, easy access to information is recommended. This can be achieved by allowing access to lip-reading or by reading the information.

Present activities	
1. LISTEN	Auditory alone (use a screen over the mouth)
2. LISTEN LOOK	Auditory-visual (allow lip-reading)
3. LISTEN LOOK READ	Auditory-visual + written word (allow lip-reading and reading the text)

Easier  Harder

CHOICES	
Small number of choices	Large number of choices
Answer alone	Carrier phrase with answer at the end, then in the middle
PRESENTATION	
Auditory-visual (lip-reading, reading the text)	Auditory-alone
Clear speech (slightly slower, well articulated)	Natural speech
Cue <i>ready</i> or <i>listen</i>	No cues
Close	At distance
In quiet	With background noise
CONTENT	
Common vocabulary and ideas	Unfamiliar or advanced vocabulary and ideas
Topic known	Topic unknown
Read through and practise before beginning	No read through or practise
Words with different syllable numbers Words with large sound differences	Words with same syllable number Words with smaller sound differences

Date: .....

Name: ..... Months Post-Implant: .....

ACTIVITY	GOALS						
6 sounds:	left	ah	oo	ee	sh	s	m
	right	ah	oo	ee	sh	s	m

		
<p><b>WHAT'S MISSING?</b></p> <p><b>Level 1:</b></p> <ul style="list-style-type: none"> <li>Follows along as passage is read aloud and fills in the missing word(s) or says the next word after speaker completes the sentence</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Speaker pages: 7-10</li> <li>Recipient pages: 11-14</li> </ul>	<p><b>GET IT TOGETHER</b></p> <p><b>Level 1:</b></p> <ul style="list-style-type: none"> <li>Listens to three words and identifies a two-word name within</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Speaker page: 23</li> <li>Recipient page: 24</li> </ul>	<p><b>INTERESTING FACTS</b></p> <ul style="list-style-type: none"> <li>Learns about famous people with hearing loss</li> </ul> <p><b>RESOURCE</b></p> <ul style="list-style-type: none"> <li>Shared page: 29</li> </ul>
<p><b>Level 2:</b></p> <ul style="list-style-type: none"> <li>Follows along as passage is read aloud and fills in the missing word(s) or says the next word when speaker stops reading</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Speaker pages: 15-18</li> <li>Recipient pages: 19-22</li> </ul>	<p><b>Level 2:</b></p> <ul style="list-style-type: none"> <li>Listens to four to five words and identifies two-word name within</li> </ul> <p><b>RESOURCES</b></p> <ul style="list-style-type: none"> <li>Speaker pages: 25-26</li> <li>Recipient pages: 27-28</li> </ul>	

The resources may be used and shared electronically or printed for use.

## ACTIVITY

## 2. Famous Families

### WHAT'S MISSING



#### EXPECTED OUTCOMES

##### Level 1:

- Follows along as passage is read aloud and fills in the missing word(s) or says the next word after speaker completes the sentence

##### Level 2:

- Follows along as passage is read aloud and fills in the missing word(s) or says the next word when speaker stops reading

*To make the exercise easier, you can write the missing words on the Recipient Pages.*

1. Read the passage one sentence at a time, pausing at the end of each sentence.
2. The recipient writes down or says aloud the missing word(s).
3. If this is too difficult, give the recipient the page with the words written in to follow along.
4. Randomly pick a word in each sentence to stop after. The recipient then says what the next word in the sentence would be.

### GET IT TOGETHER



#### EXPECTED OUTCOMES

##### Level 1:

- Listens to three words and identifies a two-word name within

##### Level 2:

- Listens to four to five words and identifies two-word name within

1. The recipient has their page in front of them.
2. Choose randomly one of the pictures from your page and read the words underneath it.
3. The recipient identifies the name.

### INTERESTING FACTS



#### EXPECTED OUTCOMES

- Learns about famous people with hearing loss

These are some fun facts about people with hearing loss to help recipients understand that hearing loss is not an unusual condition.

	WHAT'S MISSING?
	Speaker Page
	Level 1

## THE KENNEDYS

The Kennedy family is a famous American political family.

Members of the family have been involved in public service since 1884.

Their forebears originally went to the United States from Ireland.

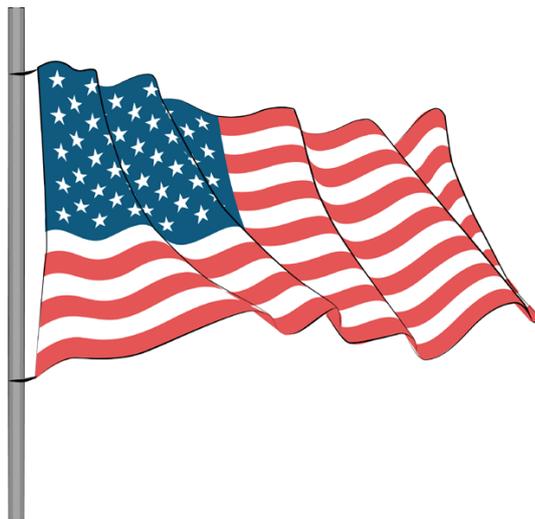
The first Kennedys to live in the United States were Patrick Kennedy and his wife Bridget.

Their oldest son was called Patrick Joseph "P.J." Kennedy, and he went into politics and business.

John F. Kennedy is often called JFK. He became the President of the United States in 1961.

He married Jacqueline Bouvier. They had two surviving children.

In 1963, JFK was shot and killed.



	WHAT'S MISSING?
	Speaker Page
	Level 1

## THE BRITISH ROYAL FAMILY

The British Royal Family is made up of the king or queen of the United Kingdom and their close relations.

Members of the royal family belong, by birth or by marriage, to the House of Windsor.

The king or queen of the United Kingdom is also the monarch of Canada, Australia, and New Zealand.

Queen Elizabeth was born in London in 1926. In 1947, she married Prince Phillip, the Duke of Edinburgh. She had four children, Charles, Anne, Andrew, and Edward.

Princess Diana was a very popular member of the royal family. She married Prince Charles in 1981, and they had two children, William and Harry. Princess Diana supported many charities. She was divorced in 1996. She died in a car crash in Paris.

Her sons Prince William and Prince Harry have been very popular members of the royal family. Prince William is a qualified helicopter pilot. He worked in the Royal Airforce doing search and rescue.



	WHAT'S MISSING?
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	Level 1

## THE KARDASHIANS

The first Kardashian to become famous was Robert [Kardashian](#). He was friends with O.J. Simpson and represented him in his murder [trial](#).

The reality TV series *Keeping Up with the Kardashians* began in [2007](#).

It became one of the longest running reality television series in the United [States](#).

There are three Kardashian sisters, Kourtney, Kim, and Khloe, and one brother [Rob](#). They have two half-sisters, Kendall and Kylie [Jenner](#).

Many people criticize the Kardashian family because they are "famous for being [famous](#)".

However, *Keeping Up with the Kardashians* had very high [ratings](#). It won several audience [awards](#).



	WHAT'S MISSING?
	Speaker Page
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## THE BECKHAMS

David and Victoria Beckham are famous for their achievements in sport, music, and fashion.

David Beckham was born in 1975. He was an English professional footballer.

Most famously, he played for Manchester United. His first game was in 1992 at the age of 17.

Beckham was captain of the England team for six years. He played for England in 58 games.

In 2013, he was listed as the highest paid player in the world.

His wife is Victoria Beckham. She became famous as part of the all-girl singing group *Spice Girls*. Her name in the band was Posh Spice.

Victoria became an international fashion designer. This has been a very successful part of her career.

David and Victoria have four children. They have three sons called Brooklyn, Romeo, and Cruz. They have one daughter called Harper.



	<b>WHAT'S MISSING?</b>
	Recipient Page
	Level 1

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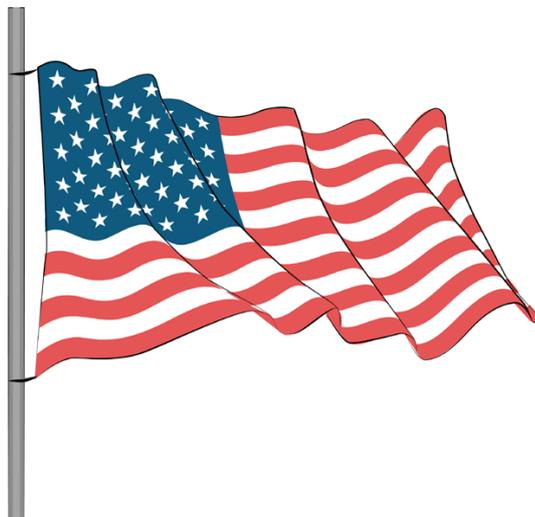
Their oldest son was called Patrick Joseph "P.J." Kennedy, and he went into politics and .....

John F. Kennedy is often called .....

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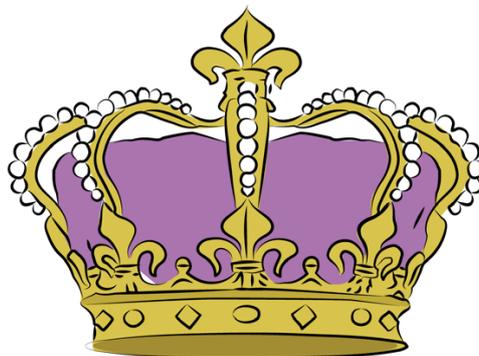
Princess Diana supported many charities. She was divorced in .....

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Many people criticize the Kardashian family because they are "famous for being .....".

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Her name in the band was Posh .....

Victoria became an international fashion .....

This has been a very successful part of her .....

David and Victoria have four ..... They have three sons called Brooklyn,

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	WHAT'S MISSING?
	Speaker Page
	Level 2

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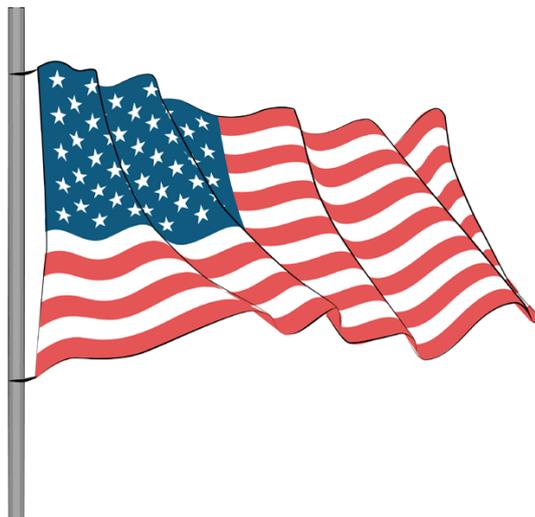
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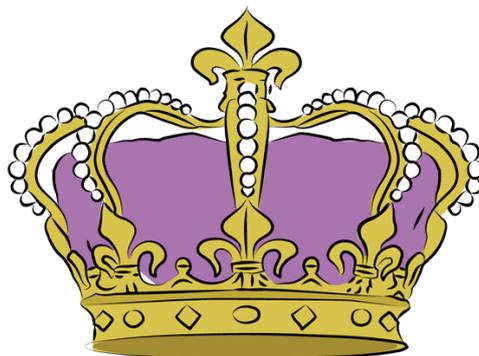
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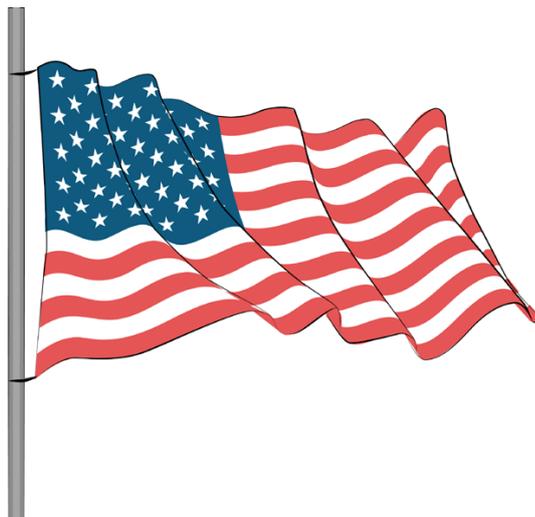
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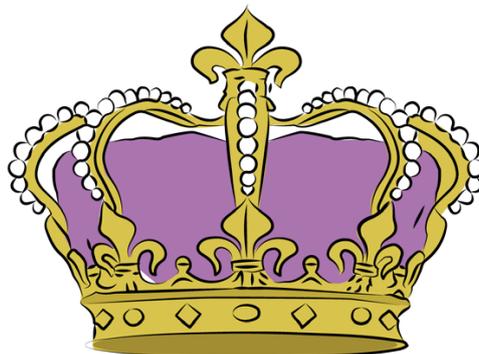
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..... *Girls*. Her name in the band was ..... Spice.

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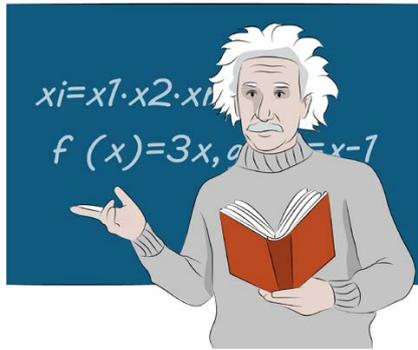
They have one ..... called Harper.



	GET IT TOGETHER
	Speaker Page
	Level 1



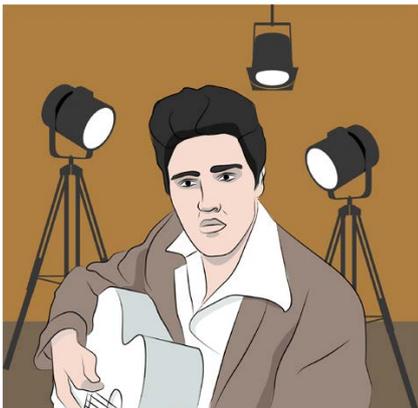
Marilyn Monroe Smith



Einstein Jimmy Albert



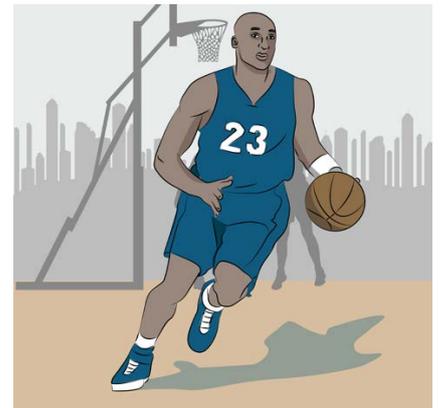
Jane Obama Barack



Sam Elvis Presley



Larry Trump Donald



Michael Vincent Jordan



Cassandra Marie Curie



Jolie Sandra Angelina



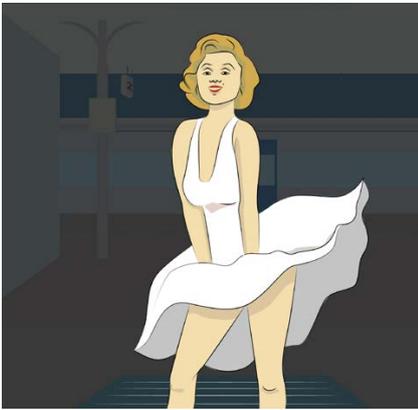
Bieber John Justin



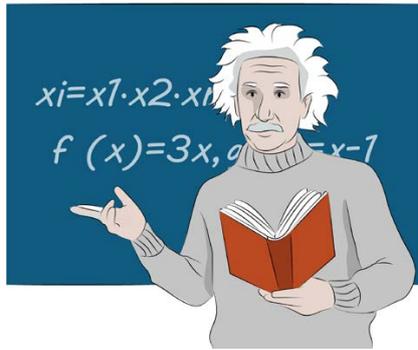
GET IT TOGETHER

Recipient Page

Level 1



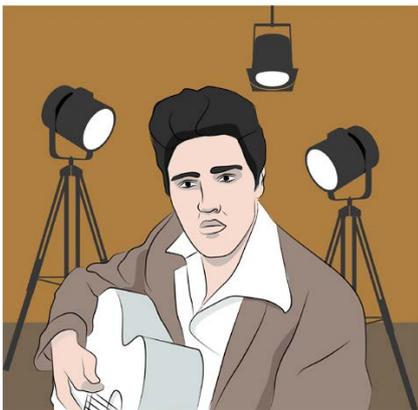
Marilyn Monroe



Albert Einstein



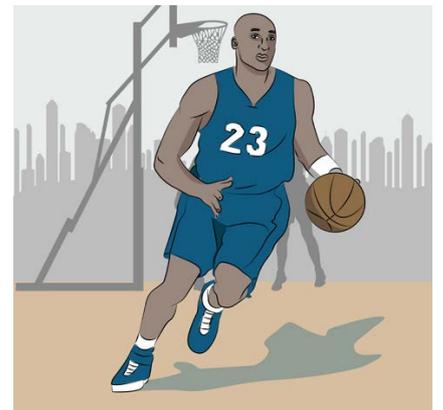
Barack Obama



Elvis Presley



Donald Trump



Michael Jordan



Marie Curie



Angelina Jolie

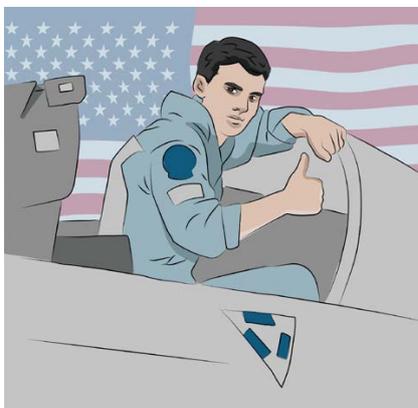


Justin Bieber

	GET IT TOGETHER
	Speaker Page
	Level 2



Lincoln James Albert Abraham



Jim Tom James Cruise



Smith Winfrey Oprah Laura  
Oma



Woods Karl Paul Tiger John



Michael Luther Martin King  
Lander

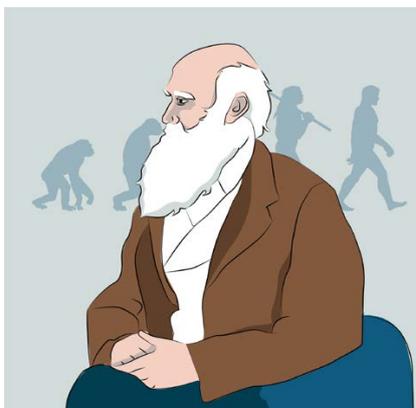


Sarah Elizabeth Jennifer  
Queen

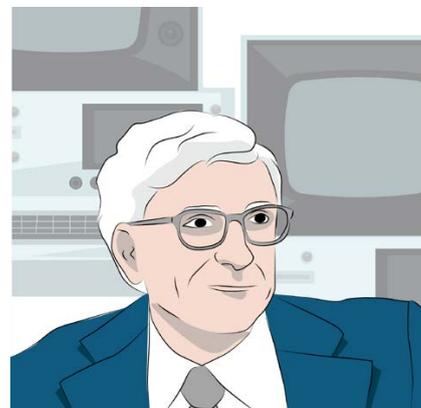
	GET IT TOGETHER
	Speaker Page
	Level 2



Neil Nelson Mandela Martin



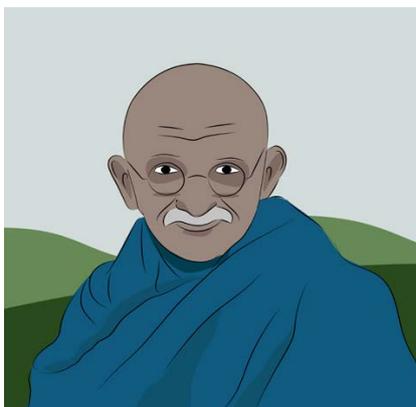
Luke Darwin Marc Charles Archie



Gates Harry Bill Brian



Paul Picasso Pablo Ricardo



Mahatma Eru Ganaya Gandhi



Walt Wayne Brian James Disney



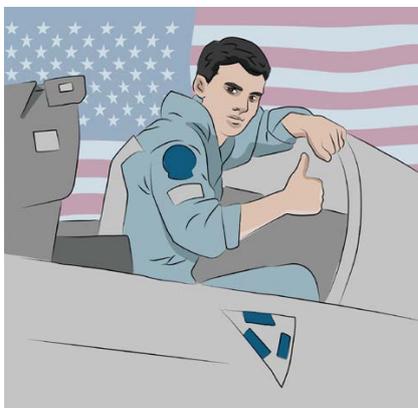
GET IT TOGETHER

Recipient Page

Level 2



Abraham Lincoln



Tom Cruise



Oprah Winfrey



Tiger Woods



Martin Luther King



Queen Elizabeth



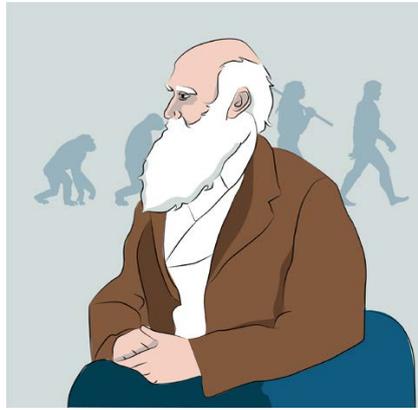
GET IT TOGETHER

Recipient Page

Level 2



Nelson Mandela



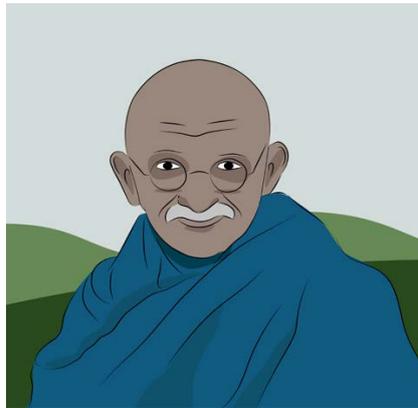
Charles Darwin



Bill Gates



Pablo Picasso



Mahatma Gandhi



Walt Disney



## FAMOUS PEOPLE AND HEARING LOSS

- Whoopi Goldberg wears hearing aids. She attributes her hearing loss to years of listening to loud music.
- Lou Ferrigno, the Incredible Hulk from TV, lost his hearing at the age of three due to an ear infection. He's worn hearing aids since he was four. He told an interviewer in 2005, "I think my hearing loss helped create a determination within me to be all I can be and gave me a certain strength of character too."
- Bill Clinton has high-frequency hearing loss and wears two in-the-canal hearing aids. He says he finds it difficult to hear in noisy situations such as restaurants.
- Rush Limbaugh, the famous American talk show host, has two cochlear implants. He got his first in 2001 and his second in 2014. He said, "Coming from total deafness, it is miraculous!"
- Pete Townshend, from the famous band *The Who*, has noise induced hearing loss, and tinnitus. *The Who* held a concert in England where the volume 30 metres from the stage was recorded at 126 decibels. He has supported charitable efforts such as the non-profit hearing advocacy group H.E.A.R (Hearing Education and Awareness for Rockers).
- Arnold Palmer, an American professional golfer, who is regarded as one of the greatest players in the sport's history. His hearing loss was discovered at the age of 40. He wears a hearing aid.
- Jean-Christoph Novelli is a French-born British celebrity chef who was diagnosed with severe hearing loss at age 52. He said decades spent in noisy kitchens made the problem worse. He had to strain so hard to follow conversations that he got headaches and a stiff neck. He was fitted with a hearing aid and now urges people over 50 to get their hearing tested.

## MED-EL Offices Worldwide

### AMERICAS

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**Canada**  
officecanada@medel.com

**Colombia**  
office-colombia@medel.com

**Mexico**  
office-mexico@medel.com

**United States**  
implants@medelus.com

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